

BODIES MOTION DANCE SCHOOL

INSPIRING CREATING ACHIEVING



**JAZZ - TAP - BALLET - HIP HOP - CONTEMPORARY -
READY SET DANCE - SONG & DANCE**

WWW.BODIESINMOTION.NET.AU

Welcome to *Bodies in Motion Dance School*

OUR MISSION STATEMENT

"At **BIM**, dance means more to us than just a hobby or a **SPORT**... The studio is our second **HOME** and our class mates / teachers are our second **FAMILY**! Dance allows us to feel **CONFIDENT** and strong, like we are part of a supportive network. Our **TEAM** consists of **DEDICATED** students as well as **PASSIONATE** and qualified teachers. Together we **INSPIRE, CREATE, ACHIEVE!**"

WHO ARE WE?

At Bodies in Motion, our 'dance family' is a supportive and encouraging network, creating opportunities for both students and parents to make lifelong friendships. We are proud to be the largest group in the Douglas Shire. The 300+ smiling students that walk through our studio doors each week are proof that dancing really does benefit the lives of so many!

GOALS

At Bodies in Motion Dance School, we aim to provide students with:

- Quality teachers who have experience and qualifications in a wide range of styles and genres.
- A safe learning environment which fosters a healthy relationship between students, parents and teachers.
- A strong basis of dance technique necessary for students wishing to pursue a career in dance.
- An environment where all students, regardless of sex, appearance and physical or intellectual abilities feel comfortable in their decision to choose to dance.

We strive to:

- Build high self-esteem, confidence, a healthy body image, self discipline and self motivation in students.
- Bring out the best of each individual in regards to performing arts ability, attitude and showmanship.
- Nurture and further develop our teachers.

We always encourage:

- A love and appreciation of dance and performing arts in all its many forms.
- Creativity through improvisation, choreography, musical interpretation and self-expression.
- Life long learning through challenging the student's artistic, logical and social abilities.



BIM FACULTY

PRINCIPAL - SASKIA TURNER



Saskia started as a student at Bodies in Motion Dance School when she was 14yrs old, became a student teacher at 15, and then passed her Dance Teaching Certificate with Southern Federation of Dance at 19yrs old. Saskia grew up sitting her dance exams with the SFD, receiving Honours with Distinction, the highest mark possible, placing her at the top 1% of students tested nationally. In 2011, Saskia relocated to Brisbane to study dance fulltime with RAW Dance Company. Here, she studied many subjects such as; jazz, tap, ballet, hip hop, contemporary, break, popping and locking, circus, salsa, gymnastics, Pilates, yoga, nutrition, drama, musical theatre and singing- just to name a few! Saskia

had the opportunity to perform with RAW Dance Company on several occasions across Brisbane, as well as learning from some of the best teachers in Australia; such as Jack Chambers and Kelley Abbey. Saskia Graduated from RAW Dance Company's Full-time course with a Cert IV in Dance and Business and returned to Mossman to take over BIM in 2012. She is also a member of the Southern Federation of Dance and Australian Teachers of Dance. Saskia has a passion for all things dance and is committed to sharing this with her students. She is often contracted out to schools across the region to teach workshops and assessment pieces too. Saskia often spends her Sundays at The Clink Theatre, choreographing their annual musicals which are enjoyed by the local community! She believes that dance is a truly beautiful art form that helps to improve creativity, musicality and confidence to both children and adults! Something she is very proud to share with so many different people each week!

TEACHERS

PRUE BORZI



Prue has been dancing for over 35 years. She started dancing when she was 5 years old, and continued throughout her teenage years studying ballet, tap, jazz, afro, funk and hip hop under the Norwest College of Dance in NSW. She holds a Certificate of Dance Teaching from the Queensland University of Technology and has also completed the Southern Federation of Dance Teaching Certificate. Miss Prue was the principal of Bodies in Motion from 2001-2011. She has a passion for teaching and believes that all students can achieve their very best with good technical training, safe dance practices and hard work. Miss Prue brings a wealth of knowledge to the team and is looking forward to working with our Adults and Ballet students again in 2024! Consistent across the board!

ZEASIAN MOISEL



Zea-Sian started dancing at the age of 7. She trains in Jazz, Tap, Song & Dance, Hip Hop, Ballet, Contemporary and private singing lessons. She is also heavily involved in our Eisteddfod Teams, performing and competing solos and troupes across the region. Miss Zea has progressed through the teaching levels here at BIM over the last 6 years. During this time, she has developed fantastic relationships with her students and fellow teachers. You can often find Zea helping out around the studio in all facets. In 2023, Zea-Sian completed a Certificate IV in Dance Teaching and Management with the Australian Teachers of Dancing and she also holds a silver level training certification with the READY SET DANCE program. Miss Zea is excited to work full time with all levels of BIM students in 2024 and also help grow our Eisteddfod Team by working with lots of new soloists in preparation for competitions this year!

NICOLA MARANO



Nicky began dancing at the age of 3 on the Atherton tablelands. Through eisteddfods and exams, it became clear that she was in love with all thing's ballet and dance. At age 8 Nicky moved to Brisbane where she continued her training through Theatre & Dance, Classical Coaching Australia and Brisbane City Youth Ballet. Nicky grew up learning Ballet (RAD, Cecchetti, Vaganova), Pilates, Jazz, Contemporary, Tap, Aerial silks and Musical Theatre. After successfully auditioning for QDSE full time Ballet, Nicky graduated with Honours + for her RAD advanced 2, FATD Jazz and FATD tap teachers' exams and

went on to complete her CBTS RAD teaching certificate and is a current registered teacher. She furthered her ballet studies at the National Theatre Ballet in Melbourne and spent time in the Milwaukee ballet where she caught the travel bug and auditioned for Royal Caribbean cruises where she spent time performing incredible musical theatre shows along with Tango, Ballroom, Aerial silks and Harness work in Aerial shows. After many years at Sea, Nicky met her husband right here in Mossman where she now calls home with her children. She is so excited to be able to share her love of ballet once again. She is a self-professed ballet nerd. You can find her at all hours of the evening live-streaming international ballet competitions online. Nicky's favourite thing about Ballet is that it is for everyone.



JENN KERR

Jenn grew up in a musical family and has been singing, dancing and playing the piano from an early age. She is a graduate of the Melba Conservatorium of Music and has pursued many performance opportunities both in Australia and Overseas. She has successfully obtained performance contracts in Taiwan, Singapore, England, Japan and India! In 2004, Jenn opened 'Creative Souls Studio' in Melbourne where she started to pass on her passion for singing to her younger students. In 2018, she relocated to Port Douglas and opened up a Port Douglas branch, where she continues to share her love of music to locals of the Douglas Shire! Jenn has been heavily involved in multiple Clink Theatre productions over the past 5 years, both on and off stage.



CHLOE BARTON

Chloe first started her journey at BIM in 2016. Since then, she has trained in many styles of dancing, developing fantastic relationships with students and teachers along the way! Miss Chloe has established herself as a fantastic role model in our BIM family as an assistant teacher for the past 2 years. Chloe is currently in her second year of studying her Certificate IV in Dance Teaching through the Australian Teachers of Dance and is excited to graduate Year 12 this year too! Miss Chloe also holds her silver level training certification for the READY SET DANCE program and is excited to take on more responsibility in our preschool department in 2024. Chloe is also a valued member of our Eisteddfod Team and competes both as a soloist and with her team throughout the year!



EMILIE PEDEMAC

Emilie has been dancing for most of her life! She studies all genres of dance and is a well-rounded and naturally talented performer. She has grown up at BIM, sitting many dance exams and performing at countless competitions. Emilie received Honours for her Elementary Ballet and Level 8 Jazz exams and is also a regular award winner at both regional and national competitions. This year Miss Emilie will be studying a Certificate IV of Dance Teaching with the Australian Teachers of Dancing. After being an assistant here at BIM for the past 3 years, Emilie is excited to take the next level in her teaching career and run her own classes. Emilie displays fantastic qualities of what it takes to be a teacher and embodies everything we value here at BIM and the culture of our studio.

Miss Emilie also holds her bronze level training certification for the READY SET DANCE program.

ASSISTANT TEACHERS

TILLY BORZI



SOPHIE ZIESLER



STUDENT TEACHERS

**ABIGAIL MULLER
AMBER SCHUMACHER
CHELSEA GIBSON
RHYLEE BARNES**

OFFICE MANAGER



JODY PITT

Jody has been an employee and parent of Bodies in Motion Dance School for the past 20+ years. She thoroughly enjoys managing the office and the day to day running of the studio. She has extensive knowledge of all aspects of office management and event procedures and will be able to answer most of your queries. Please see Jody for all your enrolment, account, uniform and class enquiries.

COMMUNICATION WITH TEACHERS

All of our teachers are available to discuss your child's development. Please feel free to email the studio with your question or concern and the relevant teacher will get back to you ASAP. We are always happy to chat to you; however, we ask that parents do not interrupt classes or approach teachers at the studio as this takes away from teaching time. All information about your child is held in the strictest confidence.



VENUES

Classes are conducted at our newly renovated studios at 59 Front Street, Mossman. We have 3x airconditioned studios with sprung timber flooring, mirrors and ballet barres. All studios are fitted with viewing windows for parents to watch classes. We also have an office and dance shop as well as a parent waiting lounge.

STUDIO RULES

- Show courtesy and respect to teachers, students and parents at all times.
- Wait QUIETLY in the foyer for your class to start.
- Primary School aged children and under are not to leave the premises without an adult.
- Classes are run on a closed-door policy - parents are asked to wait in the foyer.
- Water bottles only in studio – no food, bags or chewing gum.
- NO mobile phones in the studio.
- Dance uniform is to be worn at all times during class.
- All rubbish to go in bins provided.
- Enter the studio with a smile and a great attitude!



CLASSES

Bodies in Motion Dance School offer lessons in many different styles of dance:

- **READY SET DANCE** - These classes aim to develop the three 'C's - coordination, creativity and confidence. The exercises are all designed to help pre-schoolers achieve developmental milestones. Ready Set Dance is a combo class that includes jazz, ballet, tap, singing, music and hip hop.
- **BALLET** - the traditional classical style; building on strength, technique and poise
- **JAZZ** - a fast moving style used with modern day music, incorporating foundations of dance technique.
- **TAP** - A syncopated, rhythmic dance style using both older and modern-day music.
- **HIP HOP** – An innovative and up-beat style of dance where students add their own style to choreography, enhancing individuality.
- **CONTEMPORARY** – is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical & classical ballet. It focuses on the freedom of movement and the connection of mind and body through fluid dance moves.
- **COMMERCIAL JAZZ** – A modernised style of jazz that uses popular music. Usually associated with the commercial scene eg; film clips, corporate entertainment and professional stage shows.
- **SONG & DANCE** - A combination of singing and dancing! These classes cover a range of music; from musical theatre to pop!
- **ADULT CLASSES:** Hip Hop, Tap, Jazz, Ballet- Suited to all ages and abilities ... it's never too late to learn!

FIRST AID

Bodies in Motion Dance School stresses the importance of teaching safe dance practices at all times. In the case of an emergency medical attention will be sought immediately and parents contacted. A first aid kit with basic materials (pain relievers excluded) will be made available if needed. It should be recognised by all students, parents and guardians that dance by its very nature carries a risk of injury and accident. Bodies in Motion Dance School provide dance tutors who actively promote and teach safe dance habits. This being the case, it should be realised that injuries do occur from time to time and any student undertaking dance lessons accepts this risk. All teachers and staff hold a blue card and senior teachers hold current first aid certificates.

CLASS STRUCTURE

Students are placed into classes applicable to their school year level. Students who show exceptional skills and technique may be advanced through the levels at an accelerated rate. Whether students are enrolled into 'exam' or 'recreational' classes is up to the discretion of the teacher.

CLASS POLICIES

Classes are conducted on a "Closed Door" basis, where family and friends are asked to wait outside during lessons. We find that children struggle to focus with parents in the room. Please respect this policy. We ask that students arrive at least 5 minutes before their class and warm up in the foyer area. Please ensure your child is dressed in the correct clothing and footwear before entering their class.

BEHAVIOUR POLICY

Misbehaviour in class will not be tolerated. Dancing requires personal discipline of the individual, in regards to their body and attitude. Behaviour problems only inhibit the child's development, as well as the development of the other children in the class. Children who continue to misbehave will be excluded from class.



DANCE EXAMS

Dance exams for Jazz, Tap, Classical Ballet and Hip Hop are held each year in July / August. It is compulsory for all students from level 1 to 6 to participate in exams. Exams not only build confidence and important goal setting skills, but they also give students a great sense of accomplishment. After successfully completing a dance exam, students receive a certificate, a written report and a medal. If teachers feel that a student is not quite ready to sit an exam, parents will be contacted to discuss options!

DANCE SYLLABUS

Bodies in Motion Dance School teaches Jazz, Tap and Classical Ballet syllabus from the Southern Federation of Dance. This syllabus aims to provide an enriching learning experience through sound, up to date teaching techniques, plus an understanding of the wider artistic and social dimensions of dance.



Hip Hop & Contemporary classes are based on syllabus from the Australian Teachers of Dance. Both syllabus styles are modern and fresh, focusing on rhythm and style to create an individual dancer.

Each syllabus is challenging, stimulating and designed to build students skills and sustain their interest in their chosen style of dance. Naturally, they all endorse the National Guidelines for Dance Curriculum.

PERFORMANCE

Bodies in Motion Dance School participate in many community events. Students perform whenever they can and are regular participants of dance workshops with some of the best teachers in Australia. Bodies in Motion Dance School students are also regular competitors in regional dance Eisteddfods, annually taking away numerous awards.



EISTEDDFODS

The local regional Eisteddfods are held between the months of April and July. These competitions are fantastic opportunities for students to compete against other dance students from across the region. Bodies in Motion Dance School annually enter various solo, duo and group items. Students looking to further their performance experience, push their dance technique and are willing put in 110% effort are considered to be a part of the BIM eisteddfod team.

CORPORATE ENTERTAINMENT

Various opportunities arise throughout the year for our students to perform at corporate events. Select students may be asked to perform, depending on age, maturity and ability. These events are a fantastic way for students to gain more performance experience in front of a crowd!



FEES

We offer several options to pay your dance fees.

- In Full: 14 days from invoice date
- Payment Plan: An easy direct debit system with EZYPAY or CENTREPAY. This can include ALL costs for the year, broken into smaller more manageable payments.
- Payments can be made by cash, EFTPOS or direct deposit. Please see Jody in the office for payment and account enquiries.

CLASS COSTS (per term)

45 minute class	\$151.00
60 minute class	\$165.00
90 minute class	\$245.00
Private dance lesson	\$27.50 per half hour

REGISTRATION FEE (per student / per year) \$35.00

SPECIAL OFFERS

FAMILY DISCOUNT: A 10% discount applies when 2 or more full priced classes are taken per family. Separate discounts apply for individual students who take 4 or more classes (see below).

CLASS PASS PACKAGES (per student/ per term)

Take 4 classes get \$110 off!
Take 5 classes get \$190 off!
Take 6 classes get \$270 off!
Take 7 classes get \$350 off!
Take 8 classes get \$430 off!
Take 9 classes get \$500 off!
Take 10 or more classes and
get all additional classes FREE!



UNIFORM AND GROOMING

BIM uniforms and dance shoes are compulsory. All items can be purchased from the dance shop in the office.

Hair must be neat and tied back for all classes. Ballet students should have their hair in a bun at all times. Students should take pride in their appearance when in dance class. Please ensure that dance shoes are not worn outside on concrete, rocks, roads etc as this will deteriorate the shoe.

All students should strive to be in the Bodies in Motion uniform and have correct shoes by the end of Term One.

SECOND HAND DANCEWEAR

Second hand dancewear is available at the studio. Anyone with dancewear to sell can leave their items at the studio for sale. Once sold, this will be credited to your account.



END OF YEAR PRODUCTION INFORMATION

Each year, Bodies in Motion put together a major end of year production. This is an exciting opportunity for all students to perform in front of their family, friends and the local community as well as showcasing all of their hard work throughout the year. The production is held in early December. Even though we strongly encourage all students to participate, please remember the concert is your choice and is not compulsory.

Registration Fee

Each family is asked to pay a registration fee to participate in the end of year production. This amount contributes to the high costs of producing a large-scale show as well as extra rehearsals etc. The registration fee is due by late July 2024.

Costume Levy

For Every routine that your child is in, they will need a costume to perform in. These will be sourced and supplied by the studio for each dancer to purchase. Costumes will be yours to keep after the show. Costume costs vary depending on age and style. These fees are also due by the end of July as we begin purchasing costumes starting August; enough time to ensure they arrive for alterations, exchanges and photos etc.

Fundraising

We are always looking for ways to raise money to contribute to the costs of our end of year production. Throughout the year, we hold a number of fundraisers to cover costs for Sound & Lighting, Venue Hire and Stage hire etc. Our fundraisers for 2023 included; 100 Board (cash prize) and a Mid-Year showcase. All support from our families goes a long way is greatly appreciated.



2024 CONCERT DATES
14TH & 15TH DECEMBER
CAIRNS PERFORMING ARTS CENTRE

PARENT CODE OF ETHICS

Here are a few tips on how your child can get the most out of his/her dance lessons.

- If children are interested, encourage them to dance. However, if children are not willing to dance, do not force them.
- Encourage dance students to see live professional performances as often as possible.
- Teach children that an honest effort is as important as a victory, so that the results of each examination or performance are accepted without undue disappointment.
- Encourage children to always participate according to the rules.
- Never ridicule or yell at a child for making a mistake
- Remember, children are involved in dance for their enjoyment, not yours.
- Applaud good performances by all of the performers, not only the individual.
- If you disagree with an examiner, teacher, adjudicator or critic, raise the issue through the appropriate channels rather than question the official's judgment in public.
- Encourage your child to dance and perform at home in front of you.

Adapted from National Aussie Sport Program coaching manual. Australian Sports Commission, Bruce, ACT © Copyright Commonwealth of Australia 1998



BODIES IN MOTION DANCE SCHOOL



OPEN DAY

SATURDAY 27TH JANUARY 2024

11AM - 1PM

59 FRONT STREET, MOSSMAN

WWW.BODIESINMOTION.NET.AU



BODIES IN MOTION DANCE SCHOOL

READY SET DANCE

FREE TRIAL CLASS

9AM, SATURDAY 27TH JANUARY
59 FRONT STREET MOSSMAN

REGISTER NOW AT
<https://events.humanitix.com/rsd-trial-2024>

WWW.BODIESINMOTION.NET.AU



**EXPERIENCE THE JOY
OF DANCE IN 2024**